

# Women's Journal

MARCH 2015

P60

<http://www.journal.com.ph>



\*9770115470203\*



## LADY DATIN LOURDES STUTELY Dreams of a Better World for Everyone

Celebrating Your Birthday in  
March? Here's How the Stars  
Define Your Personality

Inspirational:  
22 Gentlemanly  
Resolutions for 2015  
21 Lost Gentleman Traditions  
That Still Apply Today

## Colors for Your Home in 2015

'Ides of March':  
An Old Story,  
Retold Again

**RedoXfat**  
L-Carnitine + Green Tea Extract

*Slim Down  
Chin up!*

P15.00

Available at all Mercury drug stores nationwide

# contents

Vol. XLII No. 11 MARCH 2015



## COVER FEATURE

10

Says Lady Datin Stutely: "My life story is like Cinderella's. I started working when I was just 8 years old and I often went to bed hungry. But I dreamed of a better future, and somehow I made my dream come true. Now I enjoy comfortable living. I found a supportive husband and we have a wonderful family. But I still have a dream ... a better world for everyone."

By Butch Roldan  
Photos by Kristian Marquez

## FEATURES

4-5

21 Lost Gentleman Traditions That Still Apply Today;  
Gentlemanly Resolutions for 2015

6-7

"The Ides of March" Is an Old Story, Retold Again

38

Cartoon Network Hosted Holiday Fun at Sky Ranch

46

PASINAYA Salutes Asean Diversity

47

NCCA Spearheads National Arts Month Celebration  
Photos by Rene S. Bisquera

The *Women's Journal* is published by the Philippine Journalists, Inc., with editorial and business offices at the Journal Bldg. 19th and 20th Railroad Sts., Port Area, Manila, with tel. nos. 527-8421/527-8422/527-8420/527-8430, local no. 140. Email address: [womens\\_journal@yahoo.com](mailto:womens_journal@yahoo.com).

All contributions, whether manuscripts or photographs, must be accompanied with a self-addressed, stamped envelope. The editor does not assume responsibility for unsolicited materials, nor for damage to or loss of the same.

All contributions should be addressed to The Editor in Chief, WOMEN'S JOURNAL, PHIL. JOURNALISTS, INC., Journal Bldg. 19th and 20th Railroad Sts., Port Area, Manila.

Subscription rates (Manila and suburbs only): six months, P312; one year, P624; two years, P1,248.

For subscription information and change of address, write to the Circulation Department or call tel. 527-8421, local nos. 235 & 239.

WOMEN'S JOURNAL is entered as Second Class Mail at the Manila Center Post Office under Permit No. 588 dated 21 February 1995, subject for inspection.

### SUBSCRIPTION COUPON



Philippine Journalists, Inc.

# Women's Journal

PEOPLES JOURNALISTS

PHILIPPINE TONIGHT

MAIL TO:  
Philippine Journalists, Inc.  
c/o Circulation Department  
Journal Bldg. Railroad Street,  
bet. 19th and 20th Sts., Port Area Manila

Check payment enclosed  
(Payable to Philippine Journalists, Inc.)

Please bill me at the address below

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax No.: \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

- |                                   |                        |
|-----------------------------------|------------------------|
| <input type="checkbox"/> 6 Months | 6 Issues<br>P324.00    |
| <input type="checkbox"/> 1 Year   | 12 Issues<br>P624.00   |
| <input type="checkbox"/> 2 Years  | 24 Issues<br>P1,248.00 |

48-49

Angono Presents "Sa Gunitang Musika at Awit"

Photos by Rene S. Bisquera

50

"Laughing and Loving in the Philippine Senate" Book Out!

52-53

Astro 4Cast  
Celebrating Your Birthday in March?

54

The World's Best Art Performances, and More at the Hong Kong Arts Month 2015

55

Musical Tides for March: Crosby, Stills & Nash at Smart Araneta; Incubus at MOA Arena

56

PETA Seduces with Another Must-see Theater Piece  
by Leloi Arcete

58

Gallery  
Art Lozano Stages "Behind Urban" at Artes Orientes

## IN EVERY ISSUE

### HOME LIFE

By Tess Lapuz Lardizabal

14-15

Colors for Your Home in 2015



21

Nippon Paint Young Designer Award Takes You to the Living Spaces of the Future

24

What's Cooking?  
Summer Chows for Studes, Youths on a String Budget  
by Shariyn May Maza Dimaliwat

24

Big Flavors, Small Bites - It's Pica-Pica time!

26

St. Luke's Launches its 1<sup>st</sup> Mobile Application

30

Chic Clinic for Peggies  
By Jet Antolin

31

Nivea Men Helps Guys Unblock Their Everyday #Diskarte;  
Fit and Fab with Forever 21 Activewear

32-33

Making Marks in Fashion World  
by Jet Antolin

36-37

Giuseppe Zanotti Designs Between Italian heritage and Innovation

# Women's Journal

AUGUSTO B. VILLANUEVA Editor in Chief

RENATO S. BISQUERA Associate Editor

TESS L. LARDIZABAL Contributing Editor

VICKI OBISPO-CUBACUB  
JET ANTOLIN Contributing Writers

MONNAR D. BALDEMOR Design Director

MONICA AQUINO-TEJADA Art Director

ERNIE S. TENORIO Contributing Photographer

VIVIENNE A. MOTOMAL AVP for Advertising

RACHEL D. SALUDO  
MALOU C. GOLE CRUZ Account Executives

## GODDESS WISDOM

### Barbra Streisand:

*"All my men are really, attractive. All of them."*



It was meant to be a promotional interview about her latest album. But soon it became an extensive chat about losing weight, food and cooking, her father, mother and son, meeting Elvis, her ex-lovers and her beauty regime.