

Women's

Journal

APRIL 2015
60

<http://www.journal.com.ph>



Going Great
into **WJ's**
43rd
Year!

SUMMER ISSUE



**2014 MS. EARTH
JAMIE HERRELL**

**Travel & Vacation Forecasts
for all Sun-signs**

**Celebrating Your Birthday in
April? Here's How the Stars
Define Your Personality**

**WORLD RELIGIONS
Is There a
Meaning for You?**

contents

Vol. XLII No. 12 APRIL 2015

COVER FEATURE

14

Five months after winning the crown, Jamie Herrell is as vivacious as she was in the Ms Earth pageant. But, how is Jamie outside of the box? She describes herself as adventurous who loves to travel and explores new things. "For me, life is too short and there will be a time that we will be sad and happy but that is the beauty of it. You just do not know what will happen next and you should just enjoy the ride and be happy with what you got."

BY JET ANTOLIN

PHOTOS BY TINA MONSON, CAROUSEL PRODUCTIONS, INC.

FEATURES

4-6

Women on the Move: A Look at Migration, Women and Cities by Lee Kanthoul;

"I Want to Inspire More Women to Become Carpenters" by Charisse Licafña;

Improving Livelihoods and Standing Together: Changing Communities in Sri Lanka by Marina Gandhi And Emily Wiseman

8

Remember the Small Things by Mother Theresa

10

What a Teacher, Mrs. Thompson, Learned from a Student, Teddy Stoddard

82

Travel & Vacations Forecasts for All Sun-signs by Maria Ulansa Tagarao

92

Amandayan Opens in the Fabled City of Lijiang, China

97

Cheri Gil Shares Thoughts on First Filipino Production by Mia Lopez



The *Women's Journal* is published by the Philippine Journalists, Inc., with editorial and business offices at the Journal Bldg. 19th and 20th Railroad Sts., Port Area, Manila, with tel. nos. 527-8421/527-8422/527-8420/527-8430, local no. 140. Email address: womens_journal@yahoo.com.

All contributions, whether manuscripts or photographs, must be accompanied with a self-addressed, stamped envelope. The editor does not assume responsibility for unsolicited materials, nor for damage to or loss of the same.

All contributions should be addressed to The Editor in Chief, WOMEN'S JOURNAL, PHIL. JOURNALISTS, INC., Journal Bldg. 19th and 20th Railroad Sts., Port Area, Manila.

Subscription rates (Manila and suburbs only): six months, P312; one year, P624; two years, P1,248.

For subscription information and change of address, write to the Circulation Department or call tel. 527-8421, local nos. 235 & 239.

WOMEN'S JOURNAL is entered as Second Class Mail at the Manila Center Post Office under Permit No. 588 dated 21 February 1995, subject for inspection.

SUBSCRIPTION COUPON



Philippine Journalists, Inc.

Women's

Journal

PEOPLES **Tonight**

MAIL TO:
Philippine Journalists, Inc.
c/o Circulation Department
Journal Bldg. Railroad Street,
bet. 19th and 20th Sts., Port Area Manila

Check payment enclosed
(Payable to Philippine Journalists, Inc.)

Please bill me at the address below

Name: _____

Address: _____

Telephone: _____ Fax No.: _____

Signature _____ Date _____

6 Months 6 Issues
P324.00

1 Year 12 Issues
P624.00

2 Years 24 Issues
P1,248.00

98

"In the 'One World' Culture, Religions of All Kinds Are Jostling for Adherents"
by Dr Ron Forbes & Dr Chris Hartney

100

Stephen Hawking Warns Artificial Intelligence 'could mean end of humanity'

102

Through Tears and Laughter (Part 15)
by Migen L. Osorio

106

The Making of "Precious Pages"
by Quennie Reyes

108

Astro 4cast
Celebrating Your Birthday in April?

112

The Pepsi Challenge: Epic. Music. Sports. Tech. Design. Purpose

114

Gallery
TEFAF 2015 Delights Collectors with Fresh-to-the-Market Works

IN EVERY ISSUE

HOME LIFE

By Tess Lapuz Lardizabal

20-22

What's Cooking?
Lent Specials at l'entrecote Corner Bistro; Eat Well, Live Well Recipes; Layers of Delicious Goodness from the Maya Kitchen

24-25

Spanish-inspired Tapas Restaurant Barsa Taberna Captures the Energy of the Running of the Bulls

28

35 Things I've Learned About Being a Mom
by Jenny

30

In Love with Three Boys
by Elishah Pangilinan



33

Robin Padilla Embraces Organic Lifestyle, Promotes Use of Natural Cough Medicine

34

Proper Nutrition for Children Can Help Break the Poverty Cycle

38

Director Paul Soriano Reveals Secret to Staying on a Healthy Work-Life Balance

42

Why Do So Many Young People Feel Lost?
by Daniel Wong

44

The 5 Skills You Need to Be an Entrepreneur
by Alison Green

46

Speaking While Female, with Sheryl Sandberg
by Sheryl Sandberg & Adam Grant

52-54

Fashion Artist Toni Galang's Singular Sensation
Photos by Rene S. Bisquera

64

Speedo Takes the Plunge with its 2015 Spring/Summer Collection

66

Eley Kishimoto Celebrates Fashion and Home with New Collection

68

Mulan, the Female Warrior is Bernard Chandran 2015 Collection's Inspiration

72

Wrangler Dares Filipino Riders to Conquer the Roads with True Wandered

Women's Journal

AUGUSTO B. VILLANUEVA Editor in Chief

RENATO S. BISQUERA Associate Editor

TESS L. LARDIZABAL Contributing Editor

VICKI OBISPO-CUBACUB
JET ANTOLIN Contributing Writers

MONNAR D. BALDEMOR Design Director

MONICA AQUINO-TEJADA Art Director

ERNIE S. TENORIO Contributing Photographer

VIVIENNE A. MOTOMAL AVP for Advertising

RACHEL D. SALUDO
MALOU C. GOLE CRUZ Account Executives

GODDESS WISDOM

Salma Hayek:

"When I was nearing 40 I was almost resigned to the idea that maybe I wouldn't find the right man and that if I was going to have children, I might explore different options."



Salma Hayek on not being tough in real life, the most important lesson in life she learnt, worrying about her daughter Valentina, being a spiritual person and she reveals what revived her interest in acting