



SELF

IT'S GO TIME!

202
GAME
CHANGERS
FOR YOUR
BODY &
YOUR LIFE

SUPERMODEL
CANDICE
SWANEPOEL
HOTTER THAN
HOT—HOW
SHE DOES IT

FASHION
& BEAUTY
FROM SPORTY
TO SEXY

Should You Go
Gluten
Free?

+ BURN MORE
CALS WITH
KETTLEBELLS

March 2015
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(MARCH)

COMMENTS



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"I still shoot hoops with friends — basketball reminds me how to have fun."

—GRACE MAHARY, model

STYLING: MICHAELA OCSAMANTES; HAIR: LEON GORMAN FOR DUTLER NYC; MAKEUP: SENSE HOGONDU AT FRANK RIPP; MANICURE: RIUARO KOBAYASHI FOR HANEL LE VETIBIL; SEE GET-IT OUTDO.

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Sexy minis, lace-up sandals and shots of shine are a winning combo for your next night out.

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Photographed by Sebastian Kim in Vieques, Puerto Rico. Styling, Melissa Ventosa Martin; hair, Dennis Devoy at Art Department; makeup, Kristi Lee Matamoros at Kate Ryan. **CLOTHES** Sports bra and bottom, Victoria's Secret Sport. Swimsuit, Victoria's Secret. Top and shorts, Carven. See Get-It Guide. **GET THE LOOK** Clinique Sculptory Cheek Contouring Palette in Defining Nudes, \$32. Nexxus New York Salon Care Diametress Lavish Body Gel Spray, \$12

CLOCKWISE FROM TOP LEFT: SACH DESART; ELSA WORA; JOHNNY MILLER; TARA THALE; JEFFREY WESTERBOOK