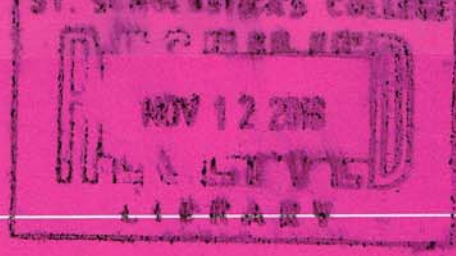




AMERICAN
PSYCHOLOGICAL
ASSOCIATION



Volume 65
Number 4

July 2018

Published six times

ISSN 0022-0167

JOURNAL OF

Counseling Psychology

Editor

Dennis M. Kivlighan, Jr.

Associate Editors

M. Meghan Davidson

Patrick R. Grzanka

William T. Hoyt

Matthew J. Miller

Rachel L. Navarro

Sigal Zilcha-Mano

www.apa.org/pubs/journals/cou

Counseling Psychology®

July 2018

Volume 65
Number 4www.apa.org/pubs/journals/cou© 2018
American
Psychological
Association

Articles

- 403 **Critical Consciousness Moderates the Relationship Between Transphobia and “Bathroom Bill” Voting**
Mike C. Parent and Kevin Silva
The present study demonstrates relations between religious fundamentalism, social dominance orientation, transphobia, and critical consciousness and hypothetical voting for on a “bathroom bill” that would force individuals to use bathrooms corresponding to the sex on their birth certificates. The study highlights associations important to the health of transgender persons in terms of restriction of access to public bathrooms.
- 413 **Socialization and Well-Being in Multiracial Individuals: A Moderated Mediation Model of Racial Ambiguity and Identity**
Roberto Villegas-Gold and Alisia G. T. T. Tran
With the growth of the multiracial population in the United States, it is important to understand how socialization influences multiracial identity formation. This study suggests a link between egalitarian socialization and self-esteem and well-being. Additionally, it stresses the importance of understanding the context of multiracial identity development and encourages practitioners to examine the systemic, psychosocial, and biological influences on multiracial identity formation.
- 423 **Work as a Calling: A Theoretical Model**
Ryan D. Duffy, Bryan J. Dik, Richard P. Douglass, Jessica W. England, and Brandon L. Velez
This article offers the first integrative theory of work as a calling, proposing how perceiving calling links to a living a calling and in turn promotes positive and potentially negative outcomes. The theoretical model may be useful for researchers, counselors, and organizational leaders.
- 440 **When in Doubt, Sit Quietly: A Qualitative Investigation of Experienced Therapists’ Perceptions of Self-Disclosure**
Kristen G. Pinto-Coelho, Clara E. Hill, Monica S. Kearney, Elissa L. Sarno, Elizabeth S. Sauber, Sydney M. Baker, Jennifer Brady, Glenn W. Ireland, Mary Ann Hoffman, Patricia T. Spangler, and Barbara J. Thompson
Therapist self-disclosure is a controversial intervention because of the concern about the focus shifting from the client to the therapist. Experienced therapists suggested disclosure can be very helpful but that therapists should not disclose if it is not in the client’s best interest, if the therapist feels too vulnerable, and if the therapist’s personal issues are strongly involved.
- 453 **Self-Compassion Buffers the Link Between Self-Criticism and Depression in Trauma-Exposed Firefighters**
Aleksandra Kaurin, Sandra Schönfelder, and Michèle Wessa
This study examined how self-compassion may confer stress resilience in the face of potentially traumatic events (PTEs) in a sample of full-time firefighters. Our results suggest that individuals who encounter their affective experiences with greater self-compassion show lower levels of depression, indicating that self-compassion can buffer processes that perpetuate negative affectivity in response to PTEs. Self-compassion, therefore, should be regarded as an important target for early trauma-related counseling interventions in order to prevent the emergence of full-blown depressive episodes. Therefore, leveraging these abilities to enhance counseling outcomes for crisis intervention, disaster and trauma management in counseling psychology may benefit individuals that are considered at high risk for emergent depression symptomatology due to their frequent job-related exposure to PTEs.

463 Client Laughter in Psychodynamic Psychotherapy: Not a Laughing Matter
Shudarshana Gupta, Clara E. Hill, and Dennis M. Kivlighan Jr.

Clients tend to laugh in psychotherapy when they are being polite or reflective. In addition, client laughter differed based on attachment style. Thus, client laughter seems to reflect how clients relate to their therapists.

474 Unmet Social Support Needs Among College Students: Relations Between Social Support Discrepancy and Depressive and Anxiety Symptoms
James A. Rankin, Courtney A. Paisley, Mazheruddin M. Mulla, and Theodore S. Tomeny

This study provides evidence that the amount of discrepancy between needed social support and received social support may predict depressive, but not anxiety, symptoms in college students while controlling for other factors related to depressive and anxiety symptoms. Furthermore, this discrepancy may be particularly predictive of depressive symptoms when support needs exceed the amount of support received.

490 Attachment-Security Prime Effect on Skin-Conductance Synchronization in Psychotherapists: An Empirical Study
Arianna Palmieri, Johann R. Kleinbub, Vincenzo Calvo, Enrico Benelli, Irene Messina, Marco Sambin, and Alberto Voci

This study provides evidence of how psychophysiological synchronization can be influenced through the manipulation of the sense of attachment security in therapists during an interview with an interlocutor speaking about his or her problem. Understanding the role of sense of security-attachment activation in PS during clinical intervention can be helpful in therapist training and clinical practice.

500 Firm Father Figures: A Moderated Mediation Model of Perceived Authoritarianism and the Intergenerational Transmission of Gender Messages From Fathers to Sons
Elyssa M. Klann, Y. Joel Wong, and Robert J. Rydell

This study suggests that fathers may play an integral role in their son's gender development, through paternal authoritarian beliefs, modeling of masculine norms, communication about gender, and through the father-son relationship. Men's sexist beliefs, as well as the gender role conflict or masculinity stress they experience, are shown to be partially related to their father's attitudes and behaviors, such that fathers may serve both a protective and injurious role.

512 The Working Alliance, Beliefs About the Supervisor, and Counseling Self-Efficacy: Applying the Relational Efficacy Model to Counselor Supervision
M. Ashley Morrison and Robert W. Lent

The findings suggest that counselors' confidence in their capabilities to assist particular clients may be related to the nature of the counselor-supervisor relationship and what it conveys to counselors about how they are perceived by their supervisors.

523 Patient Financial Distress and Treatment Outcomes in Naturalistic Psychotherapy
Mindi N. Thompson, Simon B. Goldberg, and Stevan Lars Nielsen

This study suggests that patients who are more financially distressed when entering psychotherapy as college students are somewhat more likely to drop-out of treatment after 1 session and may show smaller benefits from treatment. Some therapists, however, appear to be better able to retain financially distressed patients than others. Taken together, this study supports the notion that financial distress and other social class-related patient characteristics are important to consider in psychotherapy.


531 Cultural Humility: Pilot Study Testing the Social Bonds Hypothesis in Interethnic Couples

Stacey E. McElroy-Heltzel, Don E. Davis, Cirleen DeBlaere, Josh N. Hook, Michael Massengale, Elise Choe, and Kenneth G. Rice

This study of a sample of individuals in an interethnic romantic relationship demonstrated associations between culturally based ineffective arguing, cultural humility, and relationship outcomes. Because of the increasing numbers of interethnic couples and lack of research on relationship processes for these couples, this study sets the stage for future work that can inform prevention and intervention strategies for healthy interethnic relationships.

Other

- 412 E-Mail Notification of Your Latest Issue Online!
- iv Instructions to Authors
- iii Subscription Order Information

 AMERICAN PSYCHOLOGICAL ASSOCIATION

APA JOURNALS®

ORDER INFORMATION

Start my 2018 subscription to the
Journal of Counseling Psychology®
ISSN: 0022-0167

PRICING

APA Member/Affiliate	\$95
Individual Nonmember	\$216
Institution	\$737

Call **800-374-2721** or **202-336-5600**
Fax **202-336-5568** | TDD/TTY **202-336-6123**

Subscription orders must be prepaid. Subscriptions are on a calendar year basis. Please allow 4-6 weeks for delivery of the first issue.

Learn more and order online at:
www.apa.org/pubs/journals/cou

Visit www.apa.org/journals/circ18
to browse APA's full journal collection.

All APA journal subscriptions include online first journal articles and access to archives. Individuals can receive online access to all of APA's 90 scholarly journals through a subscription to APA PsycNET®, or through an institutional subscription to the PsycARTICLES® database.

To learn more, visit www.apa.org/db/circ18

COUA18