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**Antique
attractions**

Mighty mint

The cause of PCOS

**Triathlon
"superheroes"**

The sport and the mummies into it

Bad biscuit

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Like other athletes, Dr. Minnie Beth Tomas zooms past physical and psychological obstacles in the race called life. Find out more about the passion of this "full-time mom and triathlete cum part-time dentist" on page 22.

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