

Health **U** Home

SINCE 1959

THE NATIONAL JOURNAL OF BETTER LIVING

ISSN 0115-0839

MARCH-APRIL 2016

Created
in God's
image

Charge
your
summer

Simple devices to
power your gadgets
for a trouble-free
escapade

Soybeans:
Brain-booster

Money
lessons
from
mommy

Financial values
from one who
knows best

Do fish
take a
bath?

Caramoan's
Charm

Better than what
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Why it's trending**





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ABOUT THE COVER
Michelle Angela Maravilla, triathlete, part-time consultant, and full-time homemaker, wears Baby Alessa in a proudly Pinoy hybrid wrap. For more on babywearing, please see page 29.

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