

COOK

CONNECTING FOODIES



Back TO School

HOW TO "BULK UP" YOUR SANDWICH SPREADS

Make this Ham & Egg Sandwich Page 9

PLUS

It's a Wrap!

Choco n' Coco n' Cheese

What's your bacon?

My England Food and Diary 2016



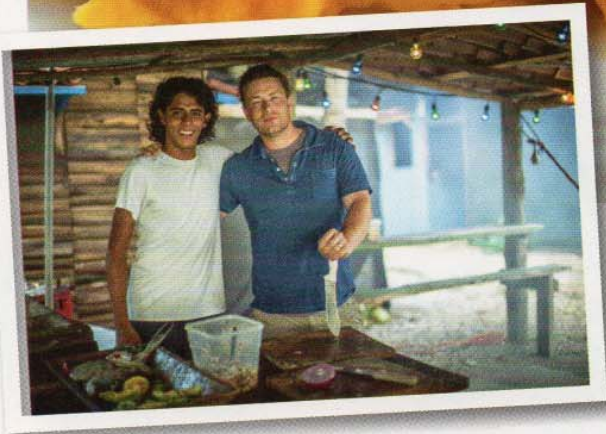
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ON THE COVER

FOOD STYLING
AND PHOTOGRAPHY BY
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KATHRINE JOY S. CORTEZ

Back to School

KITCHEN TESTED RECIPES

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