







september

ROSE FOODS (07) 835-0

STARTERS

THE YEAR IN FOOD TRENDS

How Portland, ME, became the dining destination of the year • Big meat is back! • The hypnotic plating trend we're seeing everywhere

- Ice is the new ice cream • The sandwich taking over our Instagram feeds
- and more we got hooked on in 2018.

BA KITCHEN

37 IN SEASON

Riff on this formula for golden slow-roasted vegetables all fall.

BY CLAIRE SAFFITZ

42 DINNER TONIGHT

Scallops with corn and chorizo, roast chicken with silky peppers, and more dinners our test kitchen staff can't wait to cook right now.

BY THE BA TEST KITCHEN

48 BASICALLY

The best bruschetta starts with good bread and ultra-ripe tomatoes.

BY CLAIRE SAFFITZ

50 DESSERT SPECIAL

The season's ripest fruits star in these super-simple recipes.

BY CLAIRE SAFFITZ

COLUMNS

56 CITY GUIDES: SEATTLE

There's no shortage of incredible Japanese food in the Emerald City right now—and we are it all.

BY ELYSE INAMINE

62 THE FEED

With oral histories and a DNA test as his guides, a food historian travels to Ghana for a taste of the home he's never known.

BY MICHAEL W. TWITTY

PREP SCHOOL

Adorable fairy tale eggplants, why we love white balsamic vinegar, and more.

THE LAST BITE

Actress Anna Kendrick's party trick: her signature cocktail.

BY ALYSE WHITNEY

IN EVERY ISSUE

8 editor's letter

120 recipe index

120 sourcebook



DELIS AND SLICK

DESIGN IN OUR

CITY OF THE YEAR

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