

healthy kids, happy families

Parents

THE SURPRISING (timesaving, stress-easing) SECRET TO HAPPIER PARENTING

NORMAL OR NOT?

a no-panic guide
to strange
baby symptoms

SOUPER DINNERS FOR WINTER DAYS

tips for every age!

STOP BAD BEHAVIOR

- teach patience
- end hitting & biting
- prevent tantrums...
& more

**EASY
ART
IDEAS**
that boost
creativity

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Scarlett, 9 months, and Haley. Photograph by David Tsay. Wardrobe styling by Annie Nicholas for Ennis Inc. Grooming by Susan Donoghue for Ennis Inc. On Scarlett: Sweater and leggings, Zara Kids. On Haley: Sweater, Banana Republic.

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